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# PelhamNEWS

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## ■ MUNICIPAL FINANCE

## Pelham taxes poised to climb 2.75%

VICTORIA GRAY  
PelhamNEWS Staff

PELHAM — Residents of Pelham could face a 2.75% tax levy increase in 2012.

The town's 2012 budget met little opposition from councillors Monday night.

"I think staff have done a good job preparing a budget that held the line on spending that we can control and presented the (increases) we couldn't control," Mayor Dave Augustyn said.

A 2.75% hike would cost the average homeowner an extra \$31.12 in town taxes — eight cents more a day.

see BUDGET | page 2

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## ■ GEORGE KOWALSKI: Longtime volunteer retires after 29 years of service to Pelham Cares

## By George, he did it all



EDDIE CHAU  
PelhamNEWS Staff

George Kowalski, 88, is very familiar with the food shelves at Pelham Cares, having delivered food baskets to many of the organization's clients for 29 years. Kowalski recently retired from service.

EDDIE CHAU Staff Photo

PELHAM — George Kowalski's heart is as big as the vegetables he grows.

The Fenwick resident has lived all his life at the family farm on Foss Rd., where he grows and harvests a number of different fruits and vegetables. Searching for a location to sell his wares, Kowalski was often a fixture at the Welland Farmers' Market on weekends.

Looking for another place to market his vegetables in the region, Kowalski decided to travel south to Port Colborne one day in 1959 and set up shop just near King George Park off Catherine St.

"There were four of us who just started selling there," Kowalski recalls. "Every Friday morning we would be there selling our produce. We stayed there for a few months and it soon grew into what is now the farmers' market there. I guess you can say we started the Port Colborne Farmers' Market."

Kowalski's home at one point was filled with food, but it wasn't with anything that he grew. He once opened his doors to Pelham Cares when the organization needed a place to store its non-perishable food donations.

see KOWALSKI | page 2



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# upfront

## ■ KOWALSKI

# 'I couldn't say no to Pelham Cares'

FROM PAGE 1

With his family members, Kowalski would go the extra mile to help out the organization by packing the goods and delivering food boxes to Pelham Cares clients. It was a service the now 88-year-old Kowalski took pride in doing.

"I couldn't say no to Pelham Cares," he says. "I said, 'Come on down to my place.' My wife would make up the food baskets and I would deliver them. I had a 13-room house. We had three families living there. We had plenty of room at our house for the food."

Kowalski is no stranger to helping out others. He had served as a volunteer firefighter in Fenwick for

more than 30 years.

But it was becoming a volunteer at Pelham Cares that has Kowalski beaming with pride.

"I started with Pelham Cares in 1984," Kowalski says. "(Friend) George Prins talked me into it. He asked me if I would like to join Pelham Cares. I've been with them since."

Kowalski has primarily provided his services as a food deliverer. He remembers his first delivery was picking up food from the home of Alan Blackmore, where the food bank was located at one time.

Along with friend Harold Griffin, Kowalski managed the Pelham Cares food bank. Duties included

picking up food from businesses, homes, schools and service clubs, packing them and delivering them to clients.

Kowalski also volunteered to represent the organization at public events, at the Pelham Farmers' Market and the Pelham Home Show.

Pelham Cares past-president Gail Hilyer once described Kowalski's devotion to the organization as unstoppable, much like the famed Energizer Bunny.

But now, after nearly 28 years of volunteering with Pelham Cares, Kowalski has decided to retire.

"When we found out he was leaving all of us were sad," says Betty

Brown, the organization's client services co-ordinator. "We told him whenever he was in the neighbourhood that he should drop by. He will forever be part of Pelham Cares. He's a lifelong member."

Kowalski says he's enjoyed every moment volunteering for Pelham Cares.

"I love meeting new clients. It's like a big family here," he says.

"Plus, the women here take good care of me."

With his free time Kowalski says he will go back to his first love: farming.

"I grow my own vegetables. I cook them and can them," he says with a smile. "I can cook whatever I like."

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## ■ REAL ESTATE

# Fenwick Lions looking at \$1.5M facility

VICTORIA GRAY  
PelhamNEWS Staff

PELHAM — The Fabulous Fenwick Lions have outgrown their current den.

"They want to build a new community centre in Centennial Park, but they need more space."

Earlier this month, Lion Michael Hunter presented a solution to the clubs problem to a town council chambers packed with Lions and Lionesses.

"There is room by the park, most of the park is Greenbelt, so you can't build there, but there is in one place — baseball Diamond No. 1," Hunter said.

The Lions want to swap deeds with the Town of Pelham.

In 1967 the Lions donated the land to the municipality for Centennial Park. Hunter said switching deeds is a "win-win" situation because the Lions will get the space they need to build a 1,350-square-metre community centre with a 2,160-square-metre facility to permanently house Pelham Cares, a large hall for patrons, a community room, Lions den, kitchen, food service stations and a large outdoor patio to cater to events in the park or for their own events.

The town would receive another road access point to the park and the Lions hall parking lot.

## ■ BUDGET

# Councillors appear content on 2012 spending

FROM PAGE 1

Councillors spent the evening reviewing the budget presented by treasurer Carl Pupo. Staff were directed to keep the budget as close to 2011 numbers as possible, but items previously approved by council, including new Summerfest funds, new hires and additional bylaw services brought the budget up slightly.

The budget is \$243,158 above the town's 2011 spending envelope.

"The only increases are man-

dated by legislation due to benefits requirements, previously approved items by council and a cost of living adjustment for staff," Pupo said. "We have to pay for WSIB increases or it poses a potential risk for town if we don't."

Council will look into attempting to connect staff wage increases to their performance in addition to years of service, but it may take some time to implement.

"I think some of the key things that council is looking for more

information on are things like, making performance appraisals of staff more rigorous," Augustyn said.

Staff have been using new purchasing methods which have helped keep costs down and allowed the town to continue delivering services with the same level of care and diligence as in 2011. Every purchase the town makes greater than \$500 must go through a purchasing model which requires quotes from several different suppliers.

"Everything we buy from enve-

lopes to maintenance and repairs goes through this," Pupo said. "We did an analysis of costs from 2010 compared to 2011 over a period of six months and found we saved \$60,000."

This year residents will be able to take advantage of more camp and swimming programs, enhanced bylaw services, e-billing for utilities and taxes, and better tools on the town's website.

The budget still requires final council approval.

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## tempo

■ **LIFE:** Adam Shoalts considers a canoe trip a failure if he runs into other humans

# Free in the woods

CHERYL CLOCK  
QMI Agency

ST. CATHARINES — For as long as he can remember, he's belonged in the woods.

As a boy, his playground was the 200 or so acres of deciduous woodlands next to his home south of Fenwick. There, Adam Shoalts would wander with his dog, Max. And there he'd stay. So long that his mom would sometimes drive up and down the road, honking the horn, to signal that it's about time he came home.

So, it comes as little surprise that at 25, he still feels most at home in the woods.

Only Shoalts isn't wandering the back 40 anymore. In his world of wilderness exploring, he operates on the general belief that if there are people around, it's not remote enough.

His trio of wild places discovered reads like a resume of an early explorer who forged his way through uncharted territory. Last year, he spent 40 days in the Amazon jungles. Returned, then headed out on his fourth expedition to the Hudson Bay Lowlands, a trip sponsored by the Royal Canadian Geographical Society. His main objective was to explore an unnamed, 100-kilometre stretch of river, keeping records of flora and fauna. He's in the midst of a PhD in history. His thesis: North American explorers.

As a kid, he learned by doing.

He'd make shelters in the woods. Lean-tos with sticks, leaves and evergreen boughs. And A-frames from dead branches and sticks he'd gather off the ground. He built tree forts.

His dad, Mark, taught him

to fish and they'd dip a line into many a local creek. Adam liked catching things with nets and foraging for food. He once started a fire in the woods and ate a frog.

(These days on his expeditions he eats everything from oatmeal and pasta to freshwater clams, northern pike, berries and cattail roots.) He joined Beavers and lasted a year. Didn't really fit in. Let's just say he was already doing more than the average White Tail.

He read books. *Skills for Taming the Wild: A Handbook of Woodcraft Wisdom, Lost in the Barrens* by Farley Mowat was a favourite. And all four books by his hero, Grey Owl. His other heroes were explorers.

Alexander Mackenzie, Samuel Hearne. David Thompson.

When he was older, he'd go canoe tripping with his father and twin brother, Ben. Massasauga Provincial Park. Temagami. French River. "I never went to Algonquin," he says.

"Too many people for my taste." The more remote, the better.

"If I saw another person on my canoe trip, I'd be dejected. Like I'd failed." He taught himself how to paddle a canoe. In high school, he paddled the Welland River and wrote about it for his English class. And one night, with a friend, he canoed half the river by moonlight.

Now he remembers an orienteering class in Grade 8 geography, he's pretty much taught himself navigation skills. He's a back-to-the-basics kind of guy that way. Compass. Stars. Sun.

As dawn brought along a GPS and satellite phone, but



Supplied photo

Adam Shoalts drags his canoe up the unnamed river that he explored, again for the RCGS last summer. He writes: "I think this picture best captures what it's really like: it was cold, dark, rainy, there is some rain drops on the camera, so it may not be the best focus but it is definitely the most realistic picture of what exploring these remote rivers is actually like."

that was only because the geographical society required him to have a safety plan.

"The best technology is your own skills," he says.

"You'll enjoy the wilderness more." He's never been lost. Although he likes to quote American frontiersman Daniel Boone, who once said: "I can't say as ever I was lost, but I was bewildered once for three days."

Adam has never been bewildered.

His first expedition to the Hudson Bay area was in 2004, when he was 18. In 2009, he was there again, bushwalking through Boreal forests with a Canadian Tire compass and a map.

At dawn, he followed the sun, and operated on the

general principle that "all water flows out to James Bay."

So, speaking strictly in the hypothetical, of course, if ever he was lost, he'd be reassured by the fact that eventually he'd come out into James Bay.

But, no, it wouldn't be totally smooth sailing from there.

"Once you got to the desolate coast of James Bay, you would have to travel great distances to find human habitation."

The trip lasted two weeks. "It would have been longer, but our canoe got destroyed," he says.

Truth is, the 15-foot fiberglass boat was pretty much destroyed before he went on the trip. But the temptation of a free canoe was too irresistible. So, he repaired

it. Brought it on the trip.

"There was no one spectacular accident," he says.

Just wear and tear from dragging it upstream. Bottoming out. Scraping on rocks. The usual stuff.

They repaired the holes with duct tape and a butane lighter to heat the sticky side so it stuck better. It worked for a while.

Then, as the water seeped in and the boat would otherwise have sunk, they used another strategy. One paddled, the other bailed.

They managed with a few inches of water inside the boat, their gear bobbing around inside.

It wasn't so bad. The nature of exploring means more time is spent portaging on land than paddling in the water

anyway.

When it floated no more (the canoe, not their equipment), they gave it to a local from Moosonee.

And their expedition ended.

He's been to the Hudson Bay Lowlands four times. An area, he enjoys pointing out, with the highest concentration of blood-sucking insects. Black flies are the worst. Then sand flies. Leeches are big. Six inches or so.

"I've never had a leech on me," he says. "It's something of a miracle."

He's been bitten by a tick. "I thought I had lime disease once, but I was just paranoid."

At the start of his most recent expedition there in 2011, he slit open his thumb on the canoe gauge while launching the boat into a choppy lake. It hurt. But no big deal, really.

Then it got a little sore, brushing up against so much spruce bark. So, he pulled out his first aid kit, and wrapped it up in duct tape.

Then it started turning green.

Again, no worries. Nothing much he could do, anyway.

He likes the hardship (maybe not in the moment, but afterwards). He likes the upstream challenges.

"I like testing myself against the wilderness," he says.

At times he's torn between keeping his discoveries a secret to protect what little pristine wilderness is left and sharing his passion with the world.

"I love the wilderness," he says.

"And I'm so heartbroken that it's disappearing."

■ **To learn more about Adam Shoalts' wilderness expeditions, visit <http://adamshoalts.com/home>**

# Pelham NEWS

## comment

### Update on Regional Road 20 Reconstruction

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#### ■ perspective

## Adults need a lot of coaching, too

Stop the presses.

It has been just revealed that parents and coaches contribute to aggressive and dangerous play in minor hockey. Up next in headline news: Smoking.

In a survey published by the Clinical Journal of Sport Medicine, a majority of minor hockey referees blew the whistle on fans and coaches, saying they are often key players in games that skate out of control. If an official can't control a game, the safety of all on-ice participants is at risk.

Nine out of 10 referees reported being the subject of verbal abuse during hockey games, and nearly half of the 632 respondents have been threatened with physical violence. Moreover — and perhaps ironically to some — these referees see what many folks in the stands apparently miss. When grownups show a lack of respect for rules and a disrespect for officials, children are not far behind. The glass at the rink works both ways.

If you are that red-faced, spluttering hockey parent hurling insults and making obscene gestures at the linesman, your child is likely on the ice engaged in his or her own trash talk, provoking his or her next concussion. Oh, and you look like an idiot. Being on the bench is not a safe place to be critical, especially when young children are playing.

Coaches and trainers are role models. Their job is to teach skills. Skills include skating, stickhandling, also how to handle frustration, recognize that life — and sometimes even things more important like hockey — isn't fair, and how to abide by rules even when you don't agree with them. Yelling at referees is not a community skill. Cultural, almost as much as the game itself. But that doesn't mean it can't be changed.

Minor hockey associations should provide more education for parents about the rules, the rules and the expectations. There needs to be tougher penalties for abusive parents.

At the end of the day, the rink is the workplace for hockey officials and they deserve a decent respect and expectations. Even — you know — the blind ones.

— Andrea DeMeer

Just when you thought the construction work might be over for a while, I wanted to alert you to some major work that will affect Pelham this year — the expansion of Regional Road 20 from Rice Rd. to Station St.

As you have noticed, over the last number of years the Region has been reconstructing and expanding Regional Road 20 from the 406 to Pelham St. Because of the length of roadway, the complexity of the work, and the costs involved, the Region undertook this work in phases.

The first phases began in Pelham with the reconstruction from Sobey's to Pelham St. This



Dave Augustyn  
MAYORAL VIEW

work added a centre-turning lane and the now infamous "islands" — the meant to calm traffic and beautify the Town.

(After a dozen or so drivers hit those "islands" the Region installed flashing lights and large reflective markers; since the Niagara Regional Police charged more than half of those drivers with impaired driving, the NRP also increased R.I.D.E. checks in

the area.)

In the next phases, the Region built four lanes from the 406 to Rice Rd. It also realigned the intersections at Merriville Highway and at Cataract Rd. (Including a new traffic signal) to increase safety. This work required the purchase of several significant strips of property along the roadway and at the intersections.

The final phase will be the section from just east of Rice Rd. to just east of Station St. Again, the Region purchased property in strips and at the Rice Rd. intersection. You may have noticed that over the last six months, crews have been relocating the hydro lines along that area.

In the fall, I was pleased to support the inclusion of \$3 million in the Region's 2012 capital budget and \$750,000 in the Town's 2012 capital budget.

The works will include adding a centre turning lane (where appropriate), installing a couple of new "islands" to help calm traffic and delineate turning sections, redesigning the Hurricane Rd. intersection, and preparing for an intersection leading into the East Fonthill Secondary Plan Lands (the 450-plus acres to the south of Regional Road 20). The Town's money will fund the installation of a sidewalk on the north side of the road, replacing and upgrading the existing watermain, and replacing or repairing the existing sanitary sewer laterals.

Regional staff expects to issue the tender in late February; they hope that Regional Council can award the contract for an April construction start. While the successful bidder will set the timeline, staff expects the works to take three-to-four months.

You may contact Mayor Dave at [mayordave@pelham.ca](mailto:mayordave@pelham.ca) or read past columns at [www.pelhammayordave.blogspot.com](http://www.pelhammayordave.blogspot.com).

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## The issues with Highway 20

I wonder how long it will take for Merriville Highway and Highway 20 to be called "Regional Roads"? This issue will delve into three different issues affecting Highway 20.

First off, the Region of Niagara intends to complete the Highway 20 project this year with the full upgrading of the section from Rice Road to Station Street. Motorists have already noticed the work undertaken to relocate the hydro poles. Be prepared for some minor traffic delays. Hopefully Rinkin Construction will walk this last tender as they performed the last two sections with minimal impact on the traffic flow.

However, it is that strategy of doing one new lane at a time while keeping another lane open that caused some taxpayers concern when they saw the asphalt being dug into again last fall. When Rinkin Construction created one new lane and then opened it to traffic, they went back



Brian Baty  
REGIONAL COUNCILLOR

to reconstruct the original lane.

As a result the connecting asphalt created a cold or dry bond with the new asphalt. When that happens, it increases the opportunity for the cracks to allow water in which, when it freezes, causes early breakdown of the road surface.

The solution provided by Rinkin Construction was to grind out a small path where the seams were located. They then heated the asphalt to form a permanent bond with a longer life expectancy. While the strips is currently a darker black colour, it is expected that the asphalt colours will blend over time. It should be noted that Rinkin Construction completed this repair

of the road seams at no cost to the Region of Niagara.

A recent completion of a small tower and solar panel just West of E.L. Crossley had some citizens speculating that this was to test the viability of future wind towers across the escarpment. Such is not the case. It is confirming that the company proposing these wind towers is called "Niagara Region Wind Corporation" as it is a private company with no connection or support from the actual Region of Niagara. However, it was the Region of Niagara's Public Works Department that built this tower as a weather station.

You may know from a previous article that Niagara is seen as a leader in reducing costs and reducing salt damage during its winter road cleaning and plowing. Based upon accurate weather information and forecasts, truckmen send a low salt brine solution mixed with beet juice to lessen the

amount of sand and salt that might be required during storms. This new weather station is at the highest point on the escarpment and the station provides real time accurate data on temperature, wind force and direction as well as other critical data which is communicated to the public works department.

All new plows are now outfitted with GPS devices and spray control capability which directs the drivers to change speed or spray patterns to ensure that the salt and/or sand remains on the roadway and not on the shoulders and farmlands. This environmentally friendly approach has been applauded by many communities across Canada and this new weather station allows the public works to fine tune their operations through the use of state-of-the-art technology.

Brian Baty is a Niagara Regional Councillor for the Town of Pelham. [brian.baty@niagararegion.ca](http://brian.baty@niagararegion.ca)

■ **HEALTH:** NHS supervisor considering new hospital, governance changes

# New hospital?

ALLAN BENNER  
PelhamNEWS Staff

WELLAND — A new hospital could serve all of south Niagara in the not-too-distant future.

In an exclusive story broken online Friday by QMI Agency's Niagara publications, Kevin Smith said it's one "potential option" he is seriously considering as part of his ongoing review of Niagara's hospital services.

"We'd really create a consolidated hospital with operational capacity in the south that virtually all things a general hospital should or could do," said Smith, Niagara Health System's provincially-appointed supervisor.

However, he warned, a new

hospital in southern Niagara would likely mean "the closure of the majority of the other sites" in south Niagara communities.

The new hospital model was among three options Smith discussed Wednesday when he met with Niagara's Local Health Integration Network.

The other two options Smith discussed included separating the NHS into two hospitals systems, one for north and one for south Niagara; and retaining the current NHS administrative structure but giving more decision-making power to individual hospital sites.

In an interview Friday, Smith told QMI Agency those

three options are the result of consultation from frontline health-care workers, community leaders and residents.

He said he's further developing those ideas and plans to present them to the community this spring to gauge public opinion. A few months later, Smith will make his final report and recommendations to the minister of health and long-term care.

Mike Shea, chairman of the Hamilton, Niagara, Haldimand, Brant LHIN, said he was impressed with the ideas Smith discussed during his presentation.

It really was refreshing to see how open and frank Dr. Smith was. It was an excellent presentation," Shea said. "He's put on a brand new pair of glasses. He's looking at



Smith

hospital makes sense for a number of reasons.

He said it would make things much easier for medical staff working in existing hospitals, it would make it easier to recruit physicians and nurses, and having a larger team of medical professionals working together would improve working conditions.

"It would also give us the opportunity to really look at

this with a completely open mind, which I think is the right idea."

Smith told QMI Agency a new south Niagara hospital

consolidating our efficiencies, our critical mass, our capital purchasing. Instead of thinking about five places to do that for inpatient care, particularly, we'd be looking at a site in St. Catharines and a site in the south," he said.

Smith said the cost of building such a facility might not be an insurmountable hurdle to overcome.

"We know that there would be very, very significant capital costs in this project, but there would also be very significant capital costs should we continue to operate the sites we operate," he said, adding many of the existing hospitals are in need of very expensive renovations.

"Obviously, for this model to work within the backdrop of the premier's challenge to

us, it has to have some economic efficiencies within it," Smith said. "I think one could say there are significant efficiencies to be found by consolidating three or four sites into one."

Building such a facility would need consensus from among the communities the new hospital would serve — and that would mean finding a location that everyone can agree on.

"Obviously, finding the right geographic location would be very important. I know there's been a lot of conjecture about how perfect or imperfect the St. Catharines site is," Smith said. "But I think we're more than prepared to work that out."

see HEALTH | page 6

## The Healthy Cupboard

W. Gifford-Jones, M.D.  
Naturally Synthesized Medical Journalist

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How can I get another copy of MYO-MED? I've been advised not to give it away. I know it's the cream of the crop. I've been told it's the best thing I've ever read. I've been told it's the best thing I've ever read. I've been told it's the best thing I've ever read.

Cautionary: Instead of being the usual of anti-inflammatory drug, ibuprofen, too many people take these over-the-counter medications thinking they're safe as an M & M candy. But after every 25,000 North Americans die from gastro-intestinal complications, one in five self-prescribed receives it. It's a huge price to pay for pain relief. MYO-MED eliminates this problem. To my knowledge, no

side effects have been reported by using this natural cream.

But how is MYO-MED different from other over-the-counter products? Remember that due to increasing drug costs, there's an incentive to make what a medication does not contain. Total there are 320 different brand names available in North America, but 50 percent of these products contain no active ingredients. Evidence of the existence of a product of time has been associated with various health problems and it can cause harm.

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Patients were then asked to apply their cream twice a day for 30 days. Both groups of patients were also given visual analog pain scales to assess their group's general well-being during the trial period.

"I recommend it to my patients who suffer from arthritis"

W. GIFFORD-JONES, MD

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## ■ HEALTH

## Supervisor sees dilemmas with NHS split

FROM PAGE 5

Smith said he has begun to consider what can be done with existing hospital facilities should a new Niagara south hospital be constructed.

While most sites would ultimately be closed, he said it would make sense to retain one of the current hospitals and use it to help alleviate the alternative level of care problems that have plagued emergency departments for the past several years.

Are any of those sites, particularly the smaller ones, a place where we might build

a better environment ... for a primary care/ urgent care interface," he said.

Perhaps some of the current facilities could be used by long-term care home operators.

Although he's still considering the idea of separating the NHS into two hospital systems, he identified a few problems with that option.

"If this is about two completely separate hospital organizations via divorce, we have to recognize that we'll have fewer dollars to put at the bedside," he said. "For me, as I

look at it today, my first blush not to come to any conclusion is really saying, 'What would be the advantage in separating governance?'

He said it would require two CEOs, two infrastructures, two finance officers and would ultimately mean less money for patient care.

Instead, Smith said, he's leaning towards a system that would reinstate confidence in NHS management, and could include a community advisory board "that allows us to make sure what we're doing is consistent with what our community wants."

That governance model could also include more decision-making powers at the local sites.

"The clarity of site leadership and site administration must be enhanced," he said. "In my mind, I think you want to have an administrative leader and a medical leader at each acute care site."

Shea said the LHIN's board of directors is "thrilled with the work that (Smith) is doing, and how he openly acknowledges the challenge and also the opportunities for improvement and the next steps going forward."



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■ **HEALTH:** Municipalities optimistic door open to building new consolidated hospital to serve south

# Wide support for South Niagara hospital

DAVE JOHNSON  
and DAN DAKIN  
QMI Agency

If they're going to build it, it only makes sense to build it in Niagara Falls.

Niagara Falls Mayor Jim Diodati isn't worried about the future of Greater Niagara General Hospital because he believes if the Niagara Health System decides to build a new hospital for south Niagara, it should be in his city.

The mayor was reacting to the news that NHS supervisor Kevin Smith is seriously considering recommending a new consolidated hospital be built to serve southern municipalities such as Niagara Falls, Welland, Port Colborne, Fort Erie and Wainfleet.

"It's not a pie-in-the-sky idea, it's a real possibility," said Diodati, who has spoken with Smith about the idea.

He believes it would make

the most sense to build a new hospital in the area between Niagara Falls and Welland.

"If you look at the demographic centre of the region, and where we anticipate that it will be in the next 20-50 years, it's in the area of Montrose Rd. and Schisler Rd.," he said. "It would make the most sense that it would be in the corridor between southwestern Niagara Falls and northeastern Welland."

"Though the idea of replacing several older, smaller hospitals with one new facility is still considered to be just one 'potential option' by Smith, Diodati said it's a necessity.

"There are a lot of problems

in the NHS and there aren't a lot of solutions that will deal with it both financially and with better health care, but one of them is consolidating into one site," he said.

"Although it looks like it would be very expensive, it would be less expensive than trying to rejuvenate all of the other hospitals."

In Fort Erie, where the emergency room at Douglas Memorial Hospital closed in 2009, health care is a hot-button topic. Joy Russell, a spokeswoman for the citizens activist group known as the Yellow Shirt Brigade, said she believes the idea of a new hospital was released

by Smith as a way to gauge public interest.

"I'm sure he's waiting to see public opinion or how the communities will react," she said.

The Yellow Shirt Brigade has been fighting to have Douglas Memorial turned back into a full-service hospital, but if that isn't going to happen, Russell believes a single hospital equally accessible to everyone in South Niagara would be the next best thing.

"A hospital built near a major highway, like the QEW, would give immediate access to ambulance service needed to transport patients to the nearest trauma hospital," she

said.

Fort Erie Mayor Doug Martin believes the hospital could become a reality, but said he hopes it doesn't turn

into a fight between municipalities wanting to house it.

"I've always said to Dr. Smith that I would have no problem with it being in Fort Erie," Martin said with a laugh. "That's going to be the mantra of every municipality, but I hope the decision as to where it will go will take the politics and passion of each municipality out of it."

"The bottom line is it's got to be placed where due process, a lot of dialogue, debate and studies will show will be the best location to facilitate

the needs of the patients that will be affected by it."

Welland Coun. 2 Frank Campion said it didn't surprise him that one of Smith's suggestions would be for a two-hospital system.

If there is one NHS running two larger hospitals in northern and south Niagara, things must be balanced so not everything happens in the north, said Campion, chairman of Welland city council's health-care committee.

If there are two separate systems, he recognizes there would be a lot of duplication between the two.

"Maybe there could be a hybrid system, but we'd have to have local representation that had a lot of clout."

Port Colborne Mayor Vance Badawey credited Smith for listening to people in the south end, unlike the NHS.



Diodati



Martin



Campion



Badawey

## BUSINESS PROFILE

### State of the Art Facility

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Lasik Provision is the Niagara Peninsula's only comprehensive refractive centre which deals with the treatment of common visual disorders. The centre was founded in its current location in 1999 and has evolved to a state of the art refractive centre with a global reputation for the laser correction of nearsightedness, farsightedness and astigmatism. It is a world leader in bringing the treatment of Zeiss Laser Blended Vision for the treatment of presbyopia "reading glasses vision" to North America. In addition, the centre specializes in the treatment of cataracts and corneal disorders such as keratoconus.



«Founder and medical director, Dr. Andrew W. Taylor is one of North America's leading ophthalmologists in the use of excimer lasers in refractive surgery. He obtained his medical degree from the University of Toronto in 1991 and went on to complete a specialty residency in ophthalmology, also at the University of Toronto. He then went on to complete subspecialty training in corneal and refractive disorders. He has completed over 100,000 refractive procedures including laser cataract, photorefractive keratectomy and cataract surgery to date. In addition to his directorship role at Lasik Provision, Dr. Taylor is an active staff member of The Niagara Health System in the Department of Ophthalmology.»

Lasik Provision has evolved in its current location from its original incarnation as Lasik Vision, which brought affordable laser eye surgery to North America. Dr. Taylor restructured Lasik Vision in 2001 as a founding principal and owner of Lasik MD, which then went on to expand refractive clinics across Canada. In 2005, Dr. Taylor left Lasik MD to focus on more customized patient eye care. In addition to the base clinic in Niagara Falls, Dr. Taylor is involved in the development of a comprehensive ophthalmic centre in Toronto and the United States. Currently, in addition to his work in Niagara Falls, Dr. Taylor is involved in the development of a comprehensive ophthalmic centre in Toronto.

"What is exciting now in refractive laser eye surgery is the safety of the procedure and the range of treatment options now available for patients. It is rare that a patient cannot benefit from refractive surgery," says Dr. Taylor. "The greatest development in recent years has been the use of the femtosecond laser for the creation of the flap upon which the laser is used to reshape the cornea. Not only does this create a thinner and more uniform flap which improves the quality of the visual outcome, but it also allows for a blade and cutting microkeratome which was for many patients the biggest hurdle preventing them from having refractive laser surgery. The safety factor is so great, I no longer utilize the microkeratome blade in laser eye surgery," Dr. Taylor has extensive experience on several laser platforms. "While we started with the Bausch and Lomb platform in 1999, the industry has moved forward to provide greater customization for the unique optical errors of each individual patient. At Lasik Provision, we have the WaveLight Allegretto platform but we are increasingly shifting to the Zeiss Meditec MEL 80 platform with the VisuMax femtosecond laser." This platform in my belief delivers the optimal reshaping of the cornea to maintain the natural corneal shape for optimal optical correction and customization. Zeiss laser Blended Vision is unique in the treatment of presbyopia or "reading glasses vision". It is the only excimer laser platform that predictably increases the range of vision so patients can see at near, intermediate and far without the loss of stereovision. This is truly exciting. Previously, and on other laser platforms, we could only treat with monovision with one eye corrected for far and one eye corrected for distance. This left patients with a loss of intermediate vision and reduced stereovision. It worked, but Zeiss Laser Blended Vision works so much better."

What is the future of refractive surgery? The future is continuing to refine the refractive outcome with ever safer and less invasive procedures. I am very excited that within the next year, we will begin to fully utilize the femtosecond laser's potential, going beyond the creation of better flaps to conducting the entire laser procedure within the cornea without a flap. This may sound like science fiction, but it is a reality and I am honoured that Zeiss has chosen to partner with Lasik Provision in Niagara Falls to bring this technology to North America.

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## ■ NHS

# 'It's obvious we need a new model of care'

## FROM PAGE 7

"It seems he's really been listening to us, it's refreshing that he's taken note of what we've said. The NHS heard us, but didn't listen."

Badawey said if a new hospital is built in south Niagara, he'd be in favour of it being run separately, not under the NHS. He understands the point of costs with two separate systems, but said if having one system run all the hospitals in Niagara was efficient, then why not have just one hospital system for the whole province.

"We still have to have a discussion about a governance system. We also need to rebuild the trust that the NHS lost."

As for the location of a new hospital, Badawey said somewhere along Hwy. 140 might make sense, especially with the Hwy. 406 expansion underway.

"It's a discussion for another day, but whatever works the best geographic sense. It should be located conveniently for all of south Niagara."

In Wainfleet, Mayor April Jeffs also likes the concept.

"It's obvious we need a new model of care," she said Saturday. "We're in such a mess with the (NHS), something needs to be done."

With the new hospital currently under construction in St. Catharines being nearly an hour away for Wainfleet residents, a hospital in south Niagara would bring health care closer.



Jeffs



Augustyn

"It's a major concern for residents during an emergency," Jeffs said.

If there is to be a separate hospital for south Niagara, then it's a good idea to start thinking about it now, said Pelham Mayor Dave Augustyn.

"A new hospital would be about a decade away. We should start thinking about it as soon as the hospital in the north end is complete," he said Saturday.

Augustyn said when Smith spoke with mayors in south Niagara, he asked what the southern end of Niagara with the existing facilities.

"He wondered if it would be a good idea to replace them. I think it would."

Pelham's mayor said if a new hospital is built in the southern half, then the question becomes where it should be located.

"It needs to be where it best serves most of the population. It should be somewhere in the middle of the population, not buried away. Access to health care is extremely important to people."

Augustyn said Niagara Region is in talks about a separate access off of Hwy. 406 to get to the new hospital in St. Catharines, which is at Fourth St. and 1st St. South.

"We're talking multimillions of dollars of infrastructure to make that hospital operational."

Also part of the conversation should be Niagara EMS and fire services.

Augustyn said he admires the fact that Smith is open and wants to hear from the community.

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## ■ correction

A story in last week's edition mentioned the jurying for submissions to the Pelham Summerfest Art Show. Jurying will take place the week of March 2 with notifications to participating artists going out by March 26. For more information on the art show contact organizer Pat Hafnar at 905-732-9252 or via e-mail at phafnar@yahoo.com.

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## LABOUR

# Long list of contract talks ahead for region

JEFF BOLICHOWSKI  
QMI Agency

**THOROLD** — Cost-conscious Niagara Region is set to hammer out new deals with seven union locals representing more than 2,500 workers this year. And a new deal for Niagara Regional Police is also in the mix.

Public health workers and paramedics dominate the list of unions whose contracts with the Region are up for renewal, with four eligible for binding arbitration.

But the region has taken a tough tack on those rules, lobbying the province at the Association of Municipalities of Ontario conference last year to tighten the arbitration process.

The Niagara Region Police Association is up for a new contract, too. While it negotiates with the police services board, its budget is funded from the region's coffers.

"The (region's) ability to pay is certainly an issue," said regional Chair Gary Burroughs.

He said while arbitrators, who can sit down with both parties and award a contract, are supposed to keep in mind cities' and taxpayers' economic situation, they seldom do.

Burroughs said regional council has set tight goals this year going into negotiations, aiming for at most a small salary bump and some benefit increases.

He figured there's some money to accommodate small hikes in the 2012 budget, approved last December, but not much.

"Sure, there's some leeway, but ... council has deter-

**“We want to be fair to the taxpayers as well. We don't want to bankrupt Niagara Region. We want to keep our workers working.”**

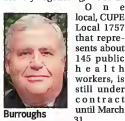
Jeff Vreeken, Local 1287 second vice-president

mined we want a tight budget on wages,” he said.

The Region is already in talks with Canadian Union of Public Employees Local 1019, which represents close to 300 paramedics and dispatchers.

Citing a confidentiality agreement, CUPE Local 1019 president Joe Brunarski declined to discuss the talks publicly.

“All I can say is we are still actively negotiating,” he said.



Burroughs

One local, CUPE Local 1757 that represents about 145 public health workers, is still under contract until March 31.

The bulk of the workers the Region will negotiate with are the more than 1,000 long-term care home staff represented by CUPE Local 1283 and about 850 inside and outside workers represented by CUPE Local 1287. Both of those contracts expired Dec. 31.

Local 1283 president Sarah Schmidt said the union has gone to conciliation with the Region and will sit down with it in February. She declined to discuss the issues involved in the talks or how she figured they would progress.

“It's an interesting round,” she said.

“But conciliation isn't

something that locals talk about can't strike go to a lot.”

She said she wasn't aware of the Region's talk of tightening arbitration or setting a tight wage budget.

Local 1287 second vice-president Jeff Vreeken said he didn't expect much turbulence when the two sides sit down. He said they're waiting for the Region to wrap up talks with the paramedics before they can come to the table.

“We want to be fair to the taxpayers as well,” Vreeken said. “We don't want to bankrupt Niagara Region. We want to keep our workers working.”

He expected benefits would be the big issue.

New contracts are also needed for 110 long-term care workers and 150 public health workers represented by the Ontario Nurses' Association Local 9, as well as with International Union of Operating Engineers Local 772, which represents one maintenance worker at Linhaven Home for the Aged.

Police association president Paul DiSimoni said the union is set to sit down with the police services board shortly. He said they're looking for improvements in wages, benefits and workplace conditions.

“We've always been of the belief that our goal here is negotiating a fair and reasonable collective agreement for our members. We take all the

factors into consideration,” he said.

“I suppose if the direction from the Region is to be tough, that will determine the outcome of the negotiations.”

The police union represents more than 1,000 uniformed and civilian members. Currently, a first-class constable takes home just over \$83,000 per year.

In 2010, police were awarded a 10% wage hike by an arbitrator in a three-year deal retroactive to January 2009.

Police are considered an essential service and cannot

strike.

DiSimoni said the union hopes to avoid arbitration.

The negotiations loom over a closed-door regional council session to be held Thursday night that Burroughs said will focus on briefing councillors on how to handle a strike or other issue like, he said, an Occupy movement. He said staff routinely do mock exercises for those situations, but council hasn't had one yet.

“We need to go over, first of all, what are essential services that must keep operating during any of those kinds

of things,” he said.

The Region employed more than 3,000 people as of summer 2011.

A similar contract crunch occurred in 2004, when seven contracts came due over the course of the year.

Burroughs played down the possibility of a work stoppage this time, saying “it's way early in the game yet,” calling a strike or lockout “not a good option.”

He said, “everyone knows that it's tough economic times. Trying to work out the best for both sides is something everyone wants to do.”

## ■ MAYOR'S YOUTH ADVISORY COUNCIL: Gelato Village helps with events



Supplied Photo

The Mayor's Youth Advisory Council was recently sponsored by Gelato Village to help cover the cost of running community events. Pictured are: Alyssa Girotti, Emma Caldwell, Madeline Wallace, Mike Ross, Ankit Seghal, Jacob Froese, Jenna Piufto and Gelato Village owner, Rocco Spano. Absent: Tolu Oia, Jonathan Coyne, Connor Moffatt, and Brian Puffer.

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■ **NPCA:** Residents left wondering why new territory has been marked out

# Conservation authority puts new floodplain maps on hold

ALLAN BENNER  
PelhamNEWS Staff

WAINFLEET — The Niagara Peninsula Conservation Authority will not change the floodplains surrounding the Welland River — at least for now.

As a result of concerns raised by property owners, NPCA announced Monday it will continue using its floodplain maps dating back to 1985 for issuing building permits — despite new updated floodplain maps released in March.

Instead, the new floodplain maps will be used to advise property owners about the

potential threats, and recommend that they take precautions such as flood-proofing buildings when constructing buildings on property included in revised floodplain areas.

But Wainfleet Mayor April Jeffs said she remains concerned that could change in the months ahead.

She said NPCA's decision was based on the recommendation of its board of directors at a meeting Jan. 18. Jeffs, an NPCA board member, was at that meeting.

"I think it's only until June," she said.

At the same meeting, she said, the NPCA board estab-

lished a working committee to develop a process for implementing the new floodplain data. The committee will include board members and NPCA staff, and Jeffs said, "there should be residents on that committee as well."

An NPCA news release said the organization does not anticipate any new information regarding the updated floodplain maps until the end of June.

Last Thursday, more than 130 people from Wainfleet, Pelham, Welland and West Lincoln attended a public meeting at the Wainfleet firehall to discuss the issue.

Jeffs said she heard from residents "who are really, really concerned about this — about their property values and everything."

Wainfleet Ald. Ted Hessel said the meeting was organized by a few concerned Wainfleet property owners who approached the township to ask if they could use city property to host the meeting.

Hessels said the township allowed the residents use of the firehall for the meeting, and also issued the invitations for the meeting.

"It just shows you this council is really trying to work with the residents of Wainfleet," Hessel said. "We were all there in full support."

Jeffs said she met Monday with Wainfleet property owners who could be affected if the changes are implemented, including farmer Gerry Prentice.

Prentice said he wants more information.

"I think every property owner will be affected somehow," he said. "The big question is what is the need to raise

the floodplain. That's the key question right there."

Although the media release refers to the age of the previous floodplain maps, Prentice said he suspects there maybe more to it than that.

Jeffs said Wainfleet and other affected municipalities are trying to determine what they can do.

"I understand (NPCA's) mandate is to protect people, and at the same time if it's going to hurt people financially down the road — that's a major, major concern," she said.

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2 BDRM luxury apt, no parking. Call 905-515-6101  
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### Apartments Unfurnished

**HOME**

2 BDRMS. Spacious & quiet mature living. Includes laundry, security entrance, close to Maple park, bus & shopping. 570 CLARE AVE. Call 905-735-6748

2 BDRM Welland, renovated. Downtown, quiet bldg. Call Gentry 905-735-6002

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FONTHILL in quiet 11 unit building 2 bdrm white noise free or 2 bdrm no balcony avail April 1st 905-350-9475

**FREE FIRST MONTHS RENT** www.panoramicproperties.ca

Your search is over Port Colborne 1, 2 & 3 BDRM Starting at \$745.00 inclusive. Quiet, centrally located building with large clean units. Close to downtown & shopping. 905-351-7367 to view.

**FREE FIRST MONTHS RENT** www.panoramicproperties.ca

Your search is over Port Colborne 1, 2 & 3 BDRM Starting at \$745.00 inclusive. Quiet, centrally located building with large clean units. Close to downtown & shopping. 905-351-7367 to view.

**HAIST St., Fonthill,** 2 bdrm white in Feb 11 unit, 820/700, incl heat & water. Avail Feb 1st. 905-358-0475

### Apartments A616

**CLEAN** remodeled 3 BDRM 1.5 baths, main floor laundry. Good central Welland location. \$750 - 900-695-2873 or 905-834-5139

### Houses A690

**NEW**

3 BDRM Home, 288 Ferris St. Port Colborne, 2 BDRM APT in Dunnville. Avail. now. 905-774-8817 or 905-229-8032

4 BDRM Home, Appleton, 11/2 no pets (junks, etc.) Call Ken today: 905-732-1331

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Nice 3 BDRM home fenced yard, 288 Ferris St. Port Colborne, 2 BDRM APT in Dunnville. Avail. now. 905-774-8817 or 905-229-8032

**Rooms A660**

ROOM, non-smoker preferred, near Niagara College. 289-821-5435

**ROOMS:** 653 King St. from \$330/month. TV, fridge, microwave. Call today! 905-735-1550

### General Employment

**Full Time / Part Time Positions:** 3 years exp. min. Apply with resume at Waltons Hardware Restaurant 258 West St. Port Colborne between 1 - 3 pm.

### General Employment

**MISSING**

Zoe went missing Fri Jan 27th off of fleet St in Welland. She doesn't have her collar on, she's a beaglemix long leg, a slender body and long legs. Any information please call 905-723-0457 or 905-24-4528.

**Dogs A310**

**MISSING**

Zoe went missing Fri Jan 27th off of fleet St in Welland. She doesn't have her collar on, she's a beaglemix long leg, a slender body and long legs. Any information please call 905-723-0457 or 905-24-4528.

Substantial reward will be given.

### General Employment

**NOW HIRING**

**GENERAL LABOURER** Required for local industrial plant, full time position. Training provided. Please reply to Box # 6765, c/o The Tribune, 228 East Main St., Welland, ON L3B 5P5

**MOLLY MAD** Part time on call 2 days per week, positions. Must be 25 years or have a valid drivers license, 2 years good standing. Available from 5pm Monday to Friday. 905-738-3760

**Rubbish/ Junk/ Waste** \$310

Please apply within at 197 Main St. E. Port Colborne

**DUMP RUNS** most east. 905-932-0098

**FONTHILL**

**CARRIERS WANTED IMMEDIATELY**

Route 422 Montgomery Road

For more information call Charlene @ 905-732-2414 ext 270

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**Call 1-866-541-6757**

### General Employment

**K.A.M. TRUCKING INC. NOW HIRING**

For the following Positions:

1) **CLASS A HIGHWAY COMPANY DRIVERS / LOCAL COMPANY DRIVERS**

• Fair & equitable dispatch, we work in a team environment.

• Trip - 2 to 3 days, paid picks & drops

• Weekends available

• Must be able to cross the border

• \$500 Sign on Bonus

2) **CLASS A or 310T MECHANIC**

• Full time position

• Truck and trailer experience an asset

• Applicants must be willing to work various shifts and hours

• \$500 Sign on Bonus

We offer a competitive wage package with full benefits after 2 months.

Call Karl 8 am - 5 pm @ 905-898-2420 or fax to 905-898-3499 or Email karl@kamtrucking.com

**General Employment**

**PERENNIAL PRODUCTION MANAGER SHIPPING ADMINISTRATION AND NURSERY HELP**

Wholesale nursery growing container grown perennials, vines, flowering shrubs, evergreens is accepting applications for a Perennial Production Manager, a Shipping Administrator as well as general labourers who desire to work in horticulture. Our perennial production department is a progressive, rapidly expanding division of our nursery. The Perennial Production Manager must have experience, be results oriented, self-motivated and able to work as a team member. Basic computer skills for the Shipping Administration position is required and horticulture experience, and plant knowledge would be an asset for the Shipping Administration position and the general labour position.

If you would like to join our team, we look forward to hearing from you. Wages will commensurate with experience. Resumes may be dropped of between the hours of 8:00 a.m. - 4:00 p.m. Monday to Thursday, and 8 a.m. - 12:00 noon on Fridays at:

Willowbrook Nurseries Inc., 935 Victoria Ave. R.R.#4, Fenwick, ON

To the attention of Jean Broene. (We thank you for your application, however only those considered will be notified).

**The Classifieds are FULL OF SURPRISES!**

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## AROUND TOWN

### SATURDAY, FEB. 4

#### MEDITATION MORNING

Marcia leads beginners and those who have meditated before through a number of different types of meditations for stress relief at Pelham Public Library. Please bring pen and notebook. 9:30-11:30 a.m. \$3. Please register ahead 905-892-6443.

### MONDAY, FEB. 6

#### ELIMINATING FINANCIAL MYTHS

Heard about financial myths and what options out there for financial independence. Presentation by Suzanne Hyde, associate from World Financial Group. 6:30 p.m. at Pelham Public Library.

### MONDAY, FEB. 13

#### GETTING STARTED WITH YOUR KOBO

This session is designed to help you learn step by step how to download and use the Pelham Public Library's Overdrive e-books on a Kobo. You must have basic computer skills. A laptop computer will be provided. Please bring your Kobo, your email address and a Pelham Public Library card in good standing. 6:30-8 p.m. OR Tues., Feb. 28 - 10:11-30 p.m. Please register ahead in person, \$5.

### TUESDAY, FEB. 14

#### ROMANCE IS IN THE AIR

Sandra Orchard, Author of Deep Cove, a Harlequin's Love Inspired Suspense Novel. Sandra Orchard lives in rural Ontario, Canada where inspiration abounds for her romantic suspense novels set in the fictional Niagara town she's created as her backdrop. 7 p.m. \$2. Please register ahead.

### EBOOKS ON YOUR APPLE DEVICE

Learn step by step how to download and use the Pelham Public Library's Overdrive e-books on an Apple device - iPod, iPhone, iPad. You must have basic computer skills. Please bring your e-reader, cords, your email address and a Pelham Public Library card in good standing. 10:11-30 a.m. Please register ahead in person, \$5.

### WEDNESDAY, FEB. 15

#### FAMILY AND FRIENDS CPR

Don't have time for the whole CPR course? This session is perfect for those individuals who would like to know CPR for their own family's safety. This short and easy-to-learn session is taught by Jessica Stewart, a certified instructor. \*Note you will not get an official certificate for completing this training. 6-8 p.m. Please register ahead, \$5.

### THURSDAY, FEB. 16

#### CROSSEY CATWALK

A cyclone of fashion, art and theatre sure to blow you away. Original designs by student artists. 7 p.m. at E. L. Crossley Secondary School. Tickets on sale at 905-892-2635.

### FRIDAY, FEB. 17

#### PELHAM ART ASSOCIATION

General meeting, 7 p.m. at Festival Room at Pelham Library, Town Square. Guest artist: Linda Kemp with watercolor demonstration.

### TUESDAY, FEB. 21

#### SHROVE TUESDAY PANCAKE SUPPER

At Concordia Lutheran Church, 105 Welland Rd., Fonthill from



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5 - 7 p.m. Adults - \$7 Children 6-12 - \$3.50 and 5 and under-free. Everyone welcome.

### WEDNESDAY, FEB. 22

#### 1812 REACTOR

Calvin Arnt, 1812 Reenactor 1st Regiment, Lincoln Militia, founder of the recreated unit of local militia in the Niagara Region of Ontario, will share his experiences of reenacting and tell you how you can get involved in the 1812 Bicentennial reenactments. This family-friendly group takes part in War of 1812 events every year. Part of the Pelham Library's 1812 Bicentennial Events, at 7:30p.m. \$2. Please register ahead.

### SUNDAY, FEB. 26

#### WOMEN'S ADDICTION RECOVERY MEDIATION

Luncheon and silent auction. Guest speaker Grace Cirroco, inspirational speaker. 11 a.m. at Club Castrolgropiano, 1311 Egerton St., Port Robinson. \$40 per person or \$350 for table of 10. Tickets available at [www.warmniagara.org](http://www.warmniagara.org)

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**1/2  
PRICE**

**4<sup>99</sup>**

lb.

*I Can't Believe  
It's Not  
Butter!*  
**MARGARINE**

1 lb Tub

**1/2  
PRICE**

**\$1**

3 Tub Limit

**OLD DUTCH  
POTATO  
CHIPS**

**1/2  
PRICE**

**1<sup>49</sup>**

6 Bag Limit

**MINUTE MAID  
ORANGE JUICE**

1.75 litre carton

**SAVE  
\$1.70**

**1<sup>99</sup>**

3 Carton  
Limit

**DEMPSTER'S BREAD  
WHITE OR 100% WHOLE WHEAT**  
675 g loaf

**1<sup>99</sup>**

**BRAVO  
SPAGHETTI SAUCE**  
680 ml can



**\$1**

**ROYALE  
FACIAL TISSUE**  
Box of 88 or 132



**\$1**

**ROBIN HOOD  
FLOUR**  
10 kg bag



**SAVE  
\$6.00** **9<sup>99</sup>**

2 Bag Limit

**EXTRA FANCY ONTARIO  
AMBROSIA APPLES**



**99¢**

lb.



**CALIFORNIA SUNKIST  
SEEDLESS ORANGES**



**2<sup>99</sup>**

Dozen

**NO. 1 GRADE CALIFORNIA  
"ANDY BOY"  
BROCCOLI**



**\$1**

each

**NO. 1 GRADE MEXICAN  
RED PEPPERS**



**\$1**

lb.

**NO. 1 GRADE FLORIDA  
GRAPE TOMATOES**



**2/\$4**

Pkgs.